



Quintessence Neighborhood News

Quintessence Neighborhood Association
Annual Issue: April 2021

MESSAGE FROM THE PRESIDENT ADAPTING AS A COMMUNITY

Remember when we were just trying to make it through 2020? And here we are, a quarter of the way through 2021, and we are still going! Like everyone else, our neighborhood has had to do things a little differently this past year, but we are still working hard to welcome new neighbors, increase unity, and improve the neighborhood we live in.



In this issue, you'll see how we adapted to try to promote community spirit, kindness, and fun in our neighborhood. In 2020, instead of holding a Fourth of July breakfast parade, we held a scavenger hunt and encouraged neighbors to decorate with flags and chalk art. We ended up with some beautiful yards and driveways! We held not one, but TWO neighborhood cleanup events, where we trimmed bushes and pulled weeds and bagged trash near the entrance, park, and walking path. Instead of an ice cream social for National Night Out, we partnered with Heritage East to collect food for Roadrunner Food Bank, and together we filled an entire pickup truck with donations. While I definitely miss the costumes and games of our traditional Fall Festival, many neighbors (especially our younger ones!) enjoyed following the clues of our Fall Treasure Hunt throughout the neighborhood.

We continue to welcome new households to the neighborhood with a welcome packet full of neighborhood information. We also keep up with city events and try to pass on the most useful information to you. Hopefully this year we will be able to hold some of our favorite events in person again, like National Night Out in August and the Fall Festival in October!

No matter what is going on around us, I hope our neighborhood can be a safe, friendly, and welcoming place to live! If you have ideas for how to accomplish that, I always welcome your input at president@qna-abq.org.

You can also have a voice at our **annual meeting**. This year it will be held virtually on **Thursday, April 22 at 7 p.m. at <https://tinyurl.com/qna2021>**. We welcome all neighbors to come be a part of making our neighborhood and city a place we're happy to call home.

Sincerely, Andrea Landaker, QNA President

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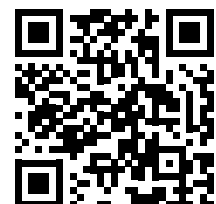
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QNA COMMUNICATIONS

If you would like to receive updates via email about neighborhood happenings, send an email to qna.abq@gmail.com. If you change your email address, please be sure to let us know. When we send group emails, recipients are blind copied; we will never share your address with others.

MEMBERSHIP DUES

April 2021-March 2022
\$20 per household/year
Complete the form on page 12, pay online at <https://www.paypal.me/qnaabq/20>, or scan this code to pay.





“Whenever I’m here, I
always feel really happy.”

- Callia '25

Our students come from more than 80 different schools throughout greater Albuquerque and around the world, and they all share one thing: a nearly insatiable curiosity. See what Callia has to say about her Academy experience at aa.edu/experience.



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ALBUQUERQUE **ACADEMY**

QNA NEEDS YOU!

WAYS TO GET INVOLVED

Your neighborhood and our association are what you make it. Please consider volunteering to support our activities.

Architectural Control: This group of Quintessence homeowners is knowledgeable about city codes and our covenants and approves additions or changes that may impact the neighborhood.

Beautification: Help organize and participate in neighborhood events to clear trash and weeds from common areas.

Membership: Assist during QNA events, register new and returning



members, create welcome packets for new residents, and answer questions.

Neighborhood Watch: Residents of a one-block area (20-25 homes) may form a neighborhood watch. APD staff will attend your area's organizational meeting to discuss burglary prevention. By selecting a block captain, your area may purchase an NOAC (Neighborhood Organized Against Crime) street sign.

Outreach: Plan special events like the fall festival, and assist at general meetings. This role includes coordinating food, supplies, and children's games.

Please contact qna.abq@gmail.com for more information and to let us know of your interest.

MEET YOUR QNA BOARD

President Andrea Landaker

Andrea has three kids, creates video games, and teaches STEM at Double Eagle Elementary.

Vice President Barbara Cohen

Barbara hikes, volunteers for AFS (a student exchange organization), and is an almost-retired lawyer.

Secretary Kiersten Berggren

Kiersten is a cancer research scientist at UNM and a fourth-degree black belt in Tae Kwon Do.

Treasurer Kim Kavelman

Kim hikes the Sandia Mountains with his dog, Buster. They have a goal to find all 84 medallions.

Director Brian Hehr

Brian studies the Japanese tea ceremony with Chado New Mexico and is a scientist at Sandia National Labs.

Director Judy Henderson

Judy is a retired teacher, and you will see her walking the streets of Quintessence every morning.

Director Alyson Jones

A New Mexico transplant, Alyson loves exploring the state and learning its history. She volunteers in the community, sews simple quilts, cooks every day, and is on a quest to find the best green chile cheeseburger.

Director Julie Pfeiffer

Julie is a speech therapist who has kids in college, high school, and elementary school.

Director April Rodas

April loves walking her hound dog around the neighborhood. She's a real estate broker and has two daughters.

Plus...

- Architectural Control Committee (ACC) Team Leader Dennis Houston
- Email Coordinator Andrea Landaker
- Newsletter Editor Becky Richards
- Webmaster Craig Eidman

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With Sharon McCollum you've harnessed over 30 years of Albuquerque Real Estate expertise. Sharon will teach you how to avoid the most stressful of situations in today's real estate market...She wants you, the Quintessence homeowner, to decide when is the best time to place your Quintessence home on the market. Sharon's goal is to become Your Realtor long before you actually need one...even if you're not planning a move in the immediate future she can answer any and all questions regarding Quintessence home values, neighboring areas or homes in other cities throughout the U.S....Sharon has the expertise and contacts to successfully represent your real estate needs in Quintessence and beyond!

The Secret to Success in This Active Real Estate Market is never settling for second best. This is what has made Sharon so successful in her careers as one of Albuquerque's premier real estate professionals. Her high personal standards will ensure that you receive an unparalleled level of service.

You can count on Sharon to cut to the chase, go the distance for you, and get the job done quickly and profitably. But most importantly, you can expect her to follow through and deliver exactly what you are looking for.

A Higher Standard of Service. Whether you're buying or selling your home, turn to the professional who set the standards high, so you feel confident placing one of the largest investments of your life in her hands.

Sharon listens to what you want and need, and works diligently to help you achieve your real estate goals. For your next real estate transaction, look to Sharon McCollum. She is setting A Higher Standard in real estate service in and around Albuquerque. Call her today! You'll be glad you did.

Sharon has the experience and aggressive marketing plans to help maximize the return of your Quintessence home sale--she will get you Top Dollar and still attract buyers. Sharon can help you attain your real estate dreams. Thru out her real estate career, Sharon has been helping Albuquerque home sellers achieve their goals for themselves & their families.

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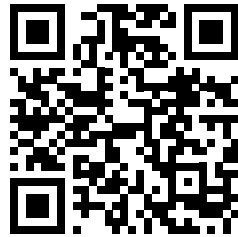
Call Sharon McCollum, Quintessence Real Estate Expert!
Call Text today for your FREE Market Analysis! (505) 269-6217

QNA GENERAL MEETING

THURSDAY, APRIL 22, 2021 AT 7 P.M.
LOG IN TO JOIN US ON GOOGLE MEET!
[HTTPS://TINYURL.COM/QNA2021](https://tinyurl.com/QNA2021) OR
SCAN THE QR CODE

Featured Speaker: CABQ Water Authority
Program Manager Carlos Bustos

As part of our general meeting, we will elect board members and officers. If you are interested in volunteering to serve, please send an email to qna.abq@gmail.com. You may also make nominations the night of the meeting. Nominees must be members of QNA and must give consent to the nominations either verbally or in writing.



NEIGHBORHOOD CLEANUP DAY

Keep Albuquerque Beautiful is proud to announce that this year's Great American Cleanup will take place on Saturday, April 24 from 9 a.m. to noon. To help you clean up your neighborhood, Keep Albuquerque Beautiful and the City of Albuquerque Solid Waste Management Department will provide free trash bags and gloves and collect our neighborhood waste at the end of the event.



All ages are welcome to come help shape up the landscaping along the common areas in our neighborhood. Meet at Quintessence Park at 9 a.m. to sign in and pick up supplies.



PLAYGROUND IMPROVEMENTS: New sand, wood chips, rubber, and ramps!



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QUINTESSENCE CRITTERS

BY ANDREA LANDAKER

Whether you're a transplant to New Mexico or a long-time resident, chances are eventually you'll see some of these native animals we share our neighborhood with! For a more thorough guide to local natural life, I recommend the *Field Guide to the Sandia Mountains* by Robert Julyan and Mary Stuever.

COOPER'S HAWK

Recently I've seen a Cooper's hawk perching several places in the neighborhood. Cooper's hawks (also called chicken hawks) are common raptors throughout North America. They are most active in the mornings and eat many animals, from lizards to rabbits, but especially other birds. One neighbor spotted a Cooper's hawk at her bird feeder looking for small birds to prey on. *Photo by Cody Gatland*

KIT FOX

A kit fox has been spotted in the neighborhood at night. Kit foxes are some of the smallest foxes and are found in deserts, grasslands, and urban areas of the Southwest. They usually come out at night, resting in underground dens during the day. They are agile and quick and eat mostly rodents, insects, and rabbits. *Photo by Barbara Cohen*

ROADRUNNER

Roadrunners are a favorite sight throughout the Southwest, and our neighborhood has several residents. Lizards are a favorite food, but they also eat snakes, insects, spiders, and scorpions. They can fly or glide short distances, though they usually prefer to run. You might see males bobbing and bowing to court a female in the spring. Then the pair will make a nest in a cactus or low tree and raise the young together, staying together for life. *Photo by Barbara Cohen*

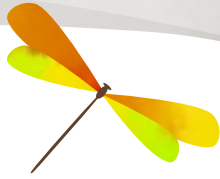
WHIP SCORPION/VINEGARON

Whip scorpions look quite intimidating! When I first saw one I wondered if I had encountered a huge mutant scorpion. While related to scorpions, they don't have a stinger. Instead their long, slender tails can spray acetic acid (vinegar) when threatened, leading to their other name, vinegaron. Despite looking scary, they are a useful predator, patrolling at night to eat cockroaches, spiders, and crickets and normally leave humans alone. *Photo from Pixabay*

DESERT COTTONTAIL

These common rabbits come out most often at dawn and dusk, eating grass, leaves, and prickly pear cactus. They can get most of the water they need from their diet and dew. Despite breeding prolifically, they are preyed upon by almost every predator, so not all of the baby rabbits survive to adulthood. *Photo by Andrea Landaker*





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2020 QUINTESSENCE EVENTS

NEIGHBORHOOD CLEANUP, JULY 4TH DECORATIONS,
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by Laura GoB



"Quality Work, Highly Recommended! A well mannered and experienced crew that did a great job in a very short period of time. They will be invited back the next time we need work done. Thanks, Andy."

by Nichole P.



"Andy's Painting is a great company to work with. Scheduling is prompt and the painting is amazing! Great attention to detail and matched paint colors perfectly. No need to remove outlet covers and no mess to clean up after, they take care of it all from start to finish. Highly recommend them!"

by Chauna King

SO YOU WANT TO BE IN PICTURES?

FROM CABQ.GOV

Like many municipalities, the City of Albuquerque website includes a link to information to help residents find jobs. With its growing film industry, cabq.gov also provides details about being an extra in a film. Visit <https://www.cabq.gov/film/resources-for-actors> for complete information.



What is an extra?

An extra (also called background actor or background talent) is someone who performs in a production in a non-speaking role, usually in the background. Extras help make scenes look and feel more authentic.

What are casting companies looking for when they need extras?

Casting companies look for all kinds of people to work as extras. Depending on the movie/TV scene, they will call for specific personalities, looks, and characteristics.

Will I be paid?

Yes, usually background is a paid job. The pay may vary with each production.

How long is a typical day's work?

The movie industry works very long hours. A 10- to 14-hour workday is not uncommon.

What if I can't be available all day?

Casting companies usually ask that you are available all day. If you are unable to do so or have to cancel, be sure to contact the casting company immediately.

What is a cattle call?

A cattle call refers to a mass casting call, where hundreds of people are seen in an afternoon for a very brief amount of time.

How do I find out when a movie needs extras?

There are several casting companies around town where you can register.

Does it cost money to be listed with an extras casting director?

No, there should be no cost to be listed. The casting director may take a portion of your wages if you are selected.

What is a headshot?

A headshot is a photo of your head and neck, typically from your shoulders up. You can either have your headshot taken professionally or you can do it yourself.

What is it like on a movie set?

It can be exciting, but it is a lot of waiting around until they need their background. It would be a good idea to bring a book to help pass the time.

2020 CRIME STATS: 7% DECLINE FOR SECOND STRAIGHT YEAR PROPERTY CRIME CONTINUES TO GO DOWN, VIOLENT CRIME UP SLIGHTLY

The Albuquerque Police Department released preliminary crime stats for 2020 that show a second straight year with a 7% decrease in overall crime. The continued drop in property crime, which accounts for most crime in Albuquerque, represents a 13% decrease in crime since 2018.

Overall, APD reported the following overall crime comparisons:

- 2018: 75,538
- 2019: 70,223
- 2020: 65,503



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QUINTESSENCE NEIGHBORHOOD ASSOCIATION (QNA) MEMBERSHIP FORM

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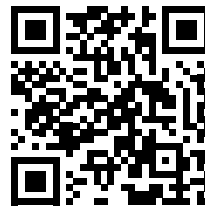
Email _____

Email allows us to keep you informed about neighborhood activities and news that affects our neighborhood. We will not share your information.

Membership dues are \$20 per household per year. Memberships run from April through March and are not prorated. **Please make check or money order payable to: QNA, PO Box 22033, Albuquerque, NM 87154-2033.** To pay online, visit <https://www.paypal.me/qnaabq/20> or scan this QR code.

New Member

Membership Renewal



VOLUNTEER OPPORTUNITIES

QNA needs you! There are many opportunities to get involved in promoting a better neighborhood. Please check a committee with which you'd like to be involved.

- QNA Board
- Neighborhood Watch
- Architectural Control
- Beautification
- Membership
- Dogi-Pot Maintenance
- Outreach/Events
- Other _____